



Media Release

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Harv-AI High School Coach of the Month

The Manitoba High Schools Athletic Association is pleased to announce the November Harv- AI High School Coaches of the Month

Rural Coach of the Month

Dave Sigvaldason of **Rorketon School** has been teaching and coaching for 13 years. He has coached at Rorketon School in the Parkland area for 12 years, and has been a member of the MHSAA Board. His 'Rockets' came in 3rd at the "A" Volleyball Provincials, last week in LaBroquerie, after a 4th place finish last year. Dave has organized many zone events and has been a member of the Zone 8 Executive.

Urban Coach of the Month

Chad Whiteside of the **Lord Selkirk Royals JV Girls Volleyball** team has been selected as Harv-AI Urban Coach of the Month. Chad has been coaching the JV girl's team for the last 8 years and his team has been consistently ranked in the Top 5 in the province. His Royals were finalists in this year's Junior Varsity Provincial Championship capturing the silver medal.

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For more information please contact Morris Glimcher, Executive Director – morris@mhsaa.ca –
phone: 925-5641

